

Treat yourself to these organic goodies!

Farmhouse Fresh Products



Skincare products grown and crafted with delicious epicurean flair that are either certified organic or use up to 99.6% natural and naturally derived ingredients -- all chock full of fruits, vegetables, milks, and more from U.S. farms, including our own. Proudly made in the U.S.A. They put just as much love and care into their products as they do in cultivating what goes into them. farmhousefreshgoods.com

All of these great companies share the same philosophy that we do at **Second Opinion** by being organic, or mostly organic. Visit their websites to see all the other products they offer!



La Tierra Sagrada Dry Shampoo

Using your hands or a natural brush, apply the powder section by section to the roots to absorb all oil. Using your fingers or a brush, lightly massage through for texture.

latierrasagradahair.com

Sunrider SunBreeze® Essential Oil

Made from safe, pure, all-natural ingredients, including mint extract, cassia, and eucalyptus oil. Soothes tired muscles. Great for post-exercise, relaxation, and overall rubdowns. A favorite for neck rubs or on the temples. Ultra-concentrated, cool, and soothing. Pleasant, refreshing scent. sunrider.com



Net Wt. 0.17 fl. oz. (5 mL)

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Conscious Skincare Hair Care



Revitalizing Grapefruit Lemon and Cedarwood Shampoo cleanses with a gentle foaming action and has a lovely uplifting fragrance. Grapefruit Lemon and Cedarwood Conditioner gently nourishes your hair. This is achieved without the use of any of the nasty chemicals found in many commercial hair products.

conscious-skincare.com